



## Care Instructions Following Sealant Application

A **white preventive sealant** has just been placed on one or more of your child's teeth. Sealants protect the pitted and deeply grooved surfaces from developing cavities. Once placed, the sealant is fully hardened and your child may resume normal eating and drinking.

**Sealants should last many years** if your child has good oral hygiene and avoids biting hard objects and/or sticky, chewy foods (such as gummy candies, taffy or caramel). Occasionally, portions of the sealant may require periodic repair. The integrity of the sealants will be evaluated at every 6 month checkup. Such repairs will be done free of charge by our office for a period of three years as long as your child does not miss any of his/her 6 month checkups. With regular check-up visits and maintenance of sealants, tooth decay has shown to be reduced.