

## Post Sedation Instructions

Dear Parent,

Your child received a sedation medication and a local anesthetic today in order to provide needed dental care. Your child may experience dizziness, drowsiness, or excitement in response to the medication. You should carry or support the child during transport. During the next several hours you may expect your child to:

1. Feel sleepy
2. Feel “numbness” about the mouth.
3. If extractions were necessary, to possibly ooze a little blood.

If your child goes to sleep after leaving the clinic, it is important to maintain close supervision. Do not allow your child to obstruct their breathing with a pillow, clothing, etc. It is a good idea to restrict your child’s activity (stressful play, climbing stairs, etc.) Following the dental visit since the effects of the medication may linger on for several hours. It is extremely important for you to:

1. Keep the child under close observation. If you are unable to do this, have another responsible adult to supervise the child. Do not leave the child unattended.
2. Encourage the child to drink fluids (water, juice, soft drinks, etc.)
3. Do not force solid foods until the child is alert and ready. Your child may experience nausea up to 24 hours after the appointment.
4. Notify the office at once if you believe your child is experiencing a problem; please call 678-990-8592.
5. If your child presents difficulty in breathing or more severe complications which alarm you, do not hesitate to take the child to an emergency room or calling EMS (911). If this becomes necessary, provide this letter to the emergency medical personnel to identify the drugs administered.

Medications Received: \_\_\_\_\_

Time Given: \_\_\_\_\_

Explained By: \_\_\_\_\_ Date: \_\_\_\_\_

Received By: \_\_\_\_\_ Relationship: \_\_\_\_\_