

PREOPERATIVE SEDATION INSTRUCTIONS

As we discussed your child will be given sedation medication, laughing gas and numbing injections at the next appointment to provide needed dental care. Please read the following information before the appointment.

BEFORE THE APPOINTMENT:

- 1. We must know if our child has taken any medication during the three days before the sedation visit. We must know the name of the medication as this may affect the sedation drugs.
- **2.** If your child is sick (cough, cold, chest congestion, a stuffy nose, upset stomach, rash, etc.) in the week prior to the scheduled appointment, please call our office to inform us. A sick child should not receive sedative drugs.

ON THE DAY OF THE SEDATION APPOINTMENT:

- 1. Your child should have nothing to eat or drink after 12 midnight the night before the appointment, therefore, absolutely no breakfast in the morning. This precaution will make the sedatives work better and also make the sedation safer.
- 2. Please arrive 15 minutes prior to the time indicated on your appointment card. Allow the proper amount of time for traffic.
- 3. Dress your child in loose, cool clothing.
- 4. Upon arrival, you and your child will be escorted to a quiet room. The child's medical history will be reviewed. The Doctor will listen to the child's heart and lungs and also examine the mouth and throat with a tongue blade and light.
- 5. The child will be weighed and their blood pressure, heart rate, temperature, and oxygen saturation determined.
- 6. The child will then be given the sedative agent to drink. If the child refuses to drink from a cup, then we will administer the sedative with a syringe while you hold the child.
- 7. Dental treatment will usually not begin until 45-90 minutes after we have given the medicine. While the medicine is taking affect, your child should be closely supervised. Active and rambunctious play is discouraged. During this time some children become very cranky before becoming sleepy. This is a normal and expected effect of the sedative.
- 8. When ready the child will be taken into the operatory and placed on a papoose board (sleeping blanket). The purpose of the papoose board is to protect the child from harm as they may grab the doctor's hands, which often have a sharp object in them. You will be asked to wait in the lobby area while our child undergoes his/her dental procedures.
- 9. Be prepared to remain in the office for three to four hours. Please bring reading materials or something to do. Our staff will keep you informed of the child's progress during the sedation. Your child will need close supervision following the sedation; it is a good idea to bring a second adult to help with the transportation home. Do not plan to complete errands during or after this appointment.

Thanks in Advance,